

Helping Students Who Struggle with Pornography: Today's Research and Practical Advice



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Goal

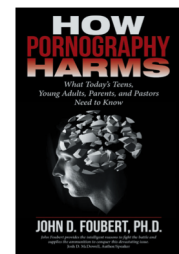
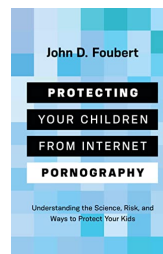
- Help you have good conversations with your students about the subject of pornography.



This Can Be Difficult and Graphic!



Based on Research For 2 Books



Definition

- Sexually explicit media: Any kind of material aimed at creating or enhancing sexual feelings or thoughts in the recipient and at the same time containing explicit exposure and/or descriptions of the genitals and/or sexual acts. (Hald, 2006).

• Hald, G. M. (2006). Gender differences in pornography consumption among young heterosexual Danish adults. *Archives of Sexual Behavior*, 35, 577–585



**TO THE INDUSTRY:
IT'S ALL ABOUT THE BENJAMINS**

Big Business

- A \$13.3 Billion Dollar Industry in the U.S.
- More than the NFL, the NBA, MLB combined.

PORN



How Serious is This? Flee or Stand?

- **Satanic opposition: Stand!**
 - Having done everything, **stand**
 - **Stand** firm
 - **Stand** against the wiles of the devil (Eph. 6:11)
- **Sins of the flesh: Flee!**
 - **Flee** sexual immorality. (1 Cor 6:18)
 - **Flee** youthful lust (2 Tim 2:22)
- Hitchcock, M. (2015). Personal Communication.



Prevalence of Use

Prevalence of Use

- Half of 8th graders have viewed pornography
- Boys see it first at 13, girls at 17.
- 94% of men and 87% of women have seen it in their lifetime.
- Among users of Amazon.com, 92% of men and 60% of women viewed some form of pornography in the previous month



- Solano, L., Eaton, N., & O'Leary, K.D. (2020). Pornography Consumption, Modality and Function in a Large Internet Sample, *The Journal of Sex Research*, 57(3), 92-103, DOI: [10.1080/00220067.2018.1531486](https://doi.org/10.1080/00220067.2018.1531486)
- Herbenick et al., 2020

Boys Under 13

- **2008: 14%**
- **2011: 49%**
- **Daily use doubled**
- **Average age = 11.**



- Sun, C., Bridges, A., Johnson, J., & Ezell, M. (2014). Pornography and the male sexual script: An analysis of consumption and sexual relations. *Archives of sexual behavior*, 1-12.

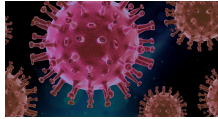
Cell Phones

- Today, pornography is most often accessed through cell phones (Herbenick et al., 2020).



Covid Impact?

- During the Covid-19 pandemic, pornography use increased by 11%.



Mestre-Bach G, Blycker GR, Potenza MN. (2020) Pornography use in the setting of the COVID-19 pandemic. *Journal of Behavioral Addictions*.

Just One of Millions of Porn Sites

- 42 Billion visitors accessed pornography in 2019.
- Daily visits to the site now exceed 100 million.
- The site logs 962 searches a second.
- Every minute 63,992 new visitors access its content.
- 168 years to watch all videos uploaded in one year.



McTavish, J. (2020). Internet Pornography: Some Medical and Spiritual Perspectives. *The Linacre Quarterly*, 87(4), 451-463.

Prevalence of Use Young Adults in U.S. 18-30

Men

Monthly 79%
Daily 29%

Women

Monthly 42%
Daily 7%



**We now live in the era of
ubiquitous porn.**

2014 Prevention.org Pornography Addiction Survey (conducted by Berman Group). The survey results are
hosted at <http://www.prevention.org/pornography-addiction-survey>



Why Do People Use Porn?

- Men: Masturbation
- Women: Part of sexual activity with partner



• Bridges, A.J., & Morokoff, P.J. (2011). Sexual media use and relational satisfaction in heterosexual couples. *Personal Relationships*, 18, 562-585. doi: 10.1111/j.1475-6811.2010.01328.x

Scripts Reinforced by Porn

Watching -> Embedding Ideas -> Action

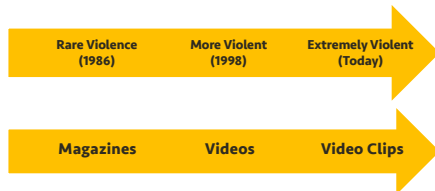
Pornography creates a sexual script that guides sexual experiences.



(Wright, 2013)

Violence in Pornography

Trend in Pornography Scripts Over Time



Peter, J., & Valkenburg, P. M. (2010). Adolescents' use of sexually explicit Internet material and sexual activity: The role of involvement and gender. *Communication Monographs*, 77, 357-375. doi:10.1080/03637751.2010.498291

Past 10 years, Exponential Increase in...

- Violent Porn
- Gore Porn
- Child Porn
- Racist Acts in Porn



Dallaurenti, W. S. (2011). Critical sociological understandings of adult pornography and women abuse: New progressive directions in research and theory. *International Journal for Crime, Justice and Social Democracy*, 6, 4-21.

Porn and Violent Behavior

- (100+) studies - violent behavior
- 50+ studies sexual violence.
- Porn + Impulsive = danger.



Malamuth, N. M., Addison, T., & Koss, M. P. (2000). Pornography and sexual aggression: Are there reliable effects and can we understand them? *Annual Review of Sex Research*, 11, 26-91.

Kingston, D. A., Malamuth, N. M., Fedoroff, P., & Marshall, W. L. (2009). The importance of individual differences in pornography use: Theoretical perspectives and implications for treating sexual offenders. *Journal of Sex Research*, 46(2/3), 216-232. doi:10.1080/00224490902747701

During Last Decade...

- Interest in pornography featuring teens (above and below the age of consent) has significantly increased (Walker, Makin, & Morczek, 2016).



Violent Content = The New Mainstream

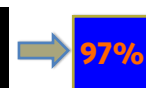
- 45% of online pornography:

- Spanking
- Gagging
- Slapping
- Hair Pulling
- Choking

• Fritz et al., 2020



Porn Teaches Violence



Pleasure

Neutral

She likes to be hit.

If he hits me, I should like it.



• Fritz et al., 2020

Female Performers Reactions in Online Porn

- Express pleasure during forced vaginal or anal penetration, and forced gagging; particularly if the performer is a teenager.
- Teaches viewers that women enjoy aggressive and demeaning sexual behaviors
- Though the female actor may speak words of enjoyment, the facial expressions, tears, and positions make the woman out to be pained, prostituted, and humiliated. Furthermore, the language used by pornography users encourages the denigration of women.



• Rimmet, M. (2008). *Guyland: The Perilous World Where Boys Become Men*. Harper: New York.

• Day, L. (2016). Age, aggression, and pleasure in popular online pornography videos. *Violence Against Women*, 22(1), 105-127. DOI:10.1177/1071226816244101

Internet Clips

- 45% show at least one man “finishing” on a woman’s face.
- 72% of men and 46% of women have seen pornography where a man “finished” on a woman’s face

• (Herbenick et al., 2020)

• Gorman S, Monk-Turner E, Fish J. (2010). Free adult Internet web sites: How prevalent are degrading acts? *Gender Issues*, 27 (3-4), 131-145.

Imitating Violence in Pornography

- Pornography showing rape has been seen by 21% of men and 11% of women.
- BDSM porn has been seen by 45% of men and 33% of women.
- 20% of men and 12% of women have choked someone during sex, 11% of men and 21% of women have been choked during sex, and 48% of men have ejaculated on a woman’s face.
- Among those who have seen “rough sex” in pornography (behaviors including hair pulling, spanking, scratching, biting, bondage, fisting, and double penetration) 91% wanted to take part in such behaviors and 82% had taken part in at least one of the behaviors.

• Herbenick, D., Fu, T.C., Wright, P., Graham, S., Bauer, L., & Israel, B. (2012). Deviant sexual behaviors and pornography use: Findings from a nationally representative probability survey of American’s aged 18 to 49 years. <https://doi.org/10.1007/s10801-012-9440-0>

• Vagstad, E.A., & O’Leary, L.P. (2016). The relationship among active sexual explicit material exposure to, desire for, and participation in rough sex. *Archives of Sexual Behavior*, 45, 613-620. <https://doi.org/10.1007/s10801-015-9740-0>

Watching Pornography In Some Cases Leads to...

- Sexual violence
- Risky sexual behaviors such as multiple partners and unprotected sex



• (Van Oosteren, Jochen, & Vandenbosch, 2017).

Porn to Sexual Violence Connection

- Viewers develop sexual scripts that involve coercion and then seek to act them out in real life



• Marshall, E.A., Miller, H.A., & Boufford, J.A. (2018). Bridging the theoretical gap: Using sexual script theory to explain the relationship between pornography use and sexual coercion. *Journal of Interpersonal Violence*, DOI: 10.1177/0886260518795170.

Porn/Sexual Violence Connection

- When the pornography is especially violent
- When the user has peer support for sexual violence
- When the user is hypermasculine and emphasizes impersonal sex



• Hall, G., & Habermuth, M. (2015). Experimental effects of exposure to pornography: The moderating effect of personality and mediating effect of sexual arousal. *Archives of Sexual Behavior*, 44(3), 399-409.

Men's Consumption of Pornography

- **Impacts their views of women**
 - **Objectification**
 - **acceptance of sexual mistreatment of women**
 - **making unwanted sexual advances toward women**

• (Mikorski & Szymanski, 2017; Wright & Bae, 2015).



Adolescents Who View Pornography

- **More likely to have been sexually assaulted**



• (Alexandraki et al., 2018).

Effects on Women

**Pornography use in women =
Greater acceptance of
sexual victimization.**



• Davis, K.C., Norris, J., George, W.H., Martell, J., & Heiman, J.R. (2006). Rape-myth congruent beliefs in women resulting from exposure to violent pornography: Effects of alcohol and sexual arousal. *Journal of Interpersonal Violence*, 21(9), 1208-1223.

• Norris, J., Davis, K.C., George, W.H., Martell, J., & Heiman, J.R. (2004). Victim's response and alcohol-related factors as determinants of women's responses to violent pornography. *Psychology of Women Quarterly*, 28, 59-69.

Porn and Rape

- With increasingly high use of porn, it becomes more likely that men will be likely to rape, likely to commit sexual assault, be sexually entitled, and have hostility toward women (Goodson, et al., 2020).
- Men who consume more pornography, particularly male-dominant pornography, are more likely to use sexual force in their own relationships (De Heer et al., 2020).



How Does Watching Porn Affect Bystander Intervention?

- **Men and women less confident they could intervene**
- **Men and women less willing to intervene**
- **Difference between sex and violence?**
- **Don't understand: need to intervene.**

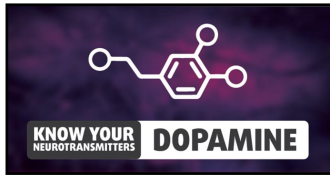


• Foubert, J.D., Brook, M.W., & Senn, R.S. (2011). Pornography viewing among fraternity men: Effects on bystander intervention, rape myth acceptance and behavioral intent to commit sexual assault. *Journal of Sex Addiction and Compulsivity*, 14, 212-231.

• Brook, M.W., Foubert, J.D., Senn, R.S., & Treviño, G. (2011). Effects of pornography use on bystander intervention in a sexual assault situation and rape myth acceptance. *Archives of Sexual Behavior*, 40(2), 24-35.

Student Learning & Brain Development





- Motivates you
- More = makes you want
- Most dopamine – orgasm
- Glue binds nerves assuring repeated behavior.

• Daigle, N. (2010). Acquiring tastes and loves. In (J.R. Stoner & D.M. Hughes, Eds.) The social costs of pornography. USA: Witherspoon Institute.

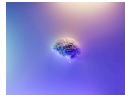
Dopamine and Porn

- High Speed Internet porn gives a supra normal stimulus of unlimited sexual stimuli
- Steady, high rush of dopamine that can't be matched with a single human body.
- Brain is retrained to be stimulated to so many images, it can't be matched with a human body.



Youth and Adolescents

- The impact of seeing pornography on a young person with a developing brain can be even more impactful than what is seen by an adult.
- An adolescent brain has not yet fully matured, particularly in the control center for suppressing of anti-social sexual behaviors they see in pornography.
- Thus, adolescents may be particularly vulnerable to the impact of violent pornography and are at particular risk for acting on what they see.



- Owens, E. W., Behun, R. J., Manning, J. C., & Reid, R. C. (2012). The impact of Internet pornography on adolescents: A review of the research. *Sexual Addiction & Compulsivity*, 28(1/2), 99-122. doi:10.1080/10732565.2012.650401
- Casey, B. J., & Jones, R. M. (2008). Neurobiology of the adolescent brain and behavior: Implications for substance use disorders. *Journal of the American Academy of Child & Adolescent Psychiatry*, 47(12), 1189-1201.
- Sonuga-Barke, E. J., Dalen, L., & Casey, B. J. (2013). Frontostriatal maturation predicts cognitive control failure to appetitive cues in adolescents. *Journal of Cognitive Neuroscience*, 25

Adolescent Brains

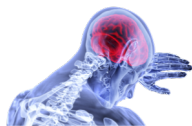
- Boys who have seen violent pornography are over twice as likely to report committing sexual violence and physical violence against a dating partner.
- Likewise, girls who have seen violent pornography are more likely to experience sexual violence from a dating partner.



- Brown, J.A., & Mitsu, J.J. (2018). The components of the adolescent brain and its unique sensitivity to sexually explicit material. *Journal of Adolescence*, 72, 10-13.
- Rostad, W.L., Gittins-Stone, D., Huntington, C., Rizzo, C.J., Pearlman, D., & Orchowski, L. (2009). The association between exposure to violent pornography and teen dating violence in grade 10 high school students. *Archives of Sexual Behavior*, 48(2), 2137-2147. <https://doi.org/10.1007/s10508-009-1435-4>

Yes, Pornography Can Be Addictive

In a study looking at brain scans of males, neurologists found that the brain activity among heavy porn users showed a behavioral addiction, much like substance and gambling addiction.



- Gray, M., Horvath, M., Szeles, G., Lee-Somer, M., Krasavski, B., Wirth, M., Maruy, S., Plesner, M.N., & Moustafa, A. (2017). Can pornography be addictive? An fMRI study of men seeking treatment for problematic pornography use. *NeuroImage: Clinical*, 15(1), 1071-1077.

Analyzing Men's Brain Scans

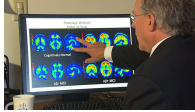
- All men who were tested *liked* pornography
- Addicted men felt like they *had to have it*.
- Men who were addicted to pornography had first seen porn much earlier in their lives than did the healthy men.



- Voon V, Mole TB, Banca P, Porter L, Morris L, Mitchell S, et al. (2014) Neural Correlates of Sexual Cue Reactivity in Individuals with and without Compulsive Sexual Behaviors. *PLoS ONE* 9(7): e102419. doi:10.1371/journal.pone.0102419

Brain Scan Study

- Men shown porn while their brains were scanned.
- Brains reacted to women as objects, not people.



- Dehumanizing a person makes violence against them much more acceptable.

• Eberstadt, M. & Layden, M.A. (2010). *The social costs of pornography: A statement of findings and recommendations*. Princeton, NJ: The Witherspoon Institute.

• Haslam, N., & Loughnan, S. (2014). Dehumanization and infrahumanization. *Annual Review of Psychology*, 65, 399-423.

Addiction to Pornography

- Their maps for normal sexuality are rewired and reinforced by pornography to prefer more explicit, graphic images in order to maintain arousal.



• (DeSousa & Lodha, 2017)

With More Hours Per Week Using Porn...

- The less gray matter volume they have in their brain and less connective tissues associated with healthy brain functioning. With less healthy brain functioning, learning is less possible.



• DeSousa & Lodha, 2017

If Addicted

- Pornography addiction impairs recent verbal memory, thus affecting student learning.



Resisting small short-term rewards for larger, later rewards.

- More porn use = less able to resist short term rewards



- Abstaining from porn for even 3 weeks helps people work toward long-term goals.

• Nagash, S., Sheppard, N.V., Lambert, N.M., & Fincham, F.D. (2008). Trading later rewards for current pleasure: Pornography consumption and delay discounting. *Journal of Sex Research*, 1-12.

Sexual Development

Sexting/Self Esteem

- Sexting is increasingly common among people age 18-29. In that age group, 38% of sent sext messages and 42% have received them. 15% of people have had their sext messages forwarded without their permission (Mori et al., 2020).
- Men with low self esteem are especially likely to use pornography as a way to over-conform to male norms like having emotional control and being self-reliant (Borgogna et al., 2020).



Men Under 30 Erectile Dysfunction

- A <1%
- B 7%
- C 33%
- D 60%

ED with Men Under 30

- 1948: < 1%
- 1992: 7%
- 2014: 33%



- Kinsey, A.C., Pomeroy, W.B., & Martin, C.E. (1948) Sexual behavior in the human male. Philadelphia: WB Saunders.
- Laumann, E.O., Paik, A., & Rosen, R.C. (1999). Sexual dysfunction in the United States: Prevalence and predictors. *Journal of the American Medical Association*, 281(6), 537-544.
- O'Sullivan, L.P., Bretto, L.A., Byers, E.S., Majumovich, J.A., West, J.A. (2014). Prevalence and characteristics of sexual functioning among sexually experienced mid to late adolescents. *The Journal of Sexual Medicine*, 11, 630-641.

Result in Addicted Men: Erectile Dysfunction (ED)

- Can't obtain/maintain erection
- 60% can't with partner
- No trouble with porn



- Voon V, Mole TB, Banca P, Porter L, Morris L, et al. (2014). Neural Correlates of Sexual Cue Reactivity in Individuals with and without Compulsive Sexual Behaviors. *PLoS ONE* 9(7): e102419. doi:10.1371/journal.pone.0102419

Effects of Porn Scripts on Men

- More porn use during sex
- Request porn sex acts of a partner
- Conjure images of pornography during sex
- Concerned about his performance and body
- Enjoys sex less with a partner



- Sun, C. Bridges, A., Johnson, J., Ezell, M. (2015). Pornography and the Male Sexual Script: An Analysis of Consumption and Sexual Relations. *Archives of Sexual Behavior*. DOI 10.1007/s10508-014-0391-2

Condom Use

- When adolescents are exposed to pornography, they are less likely to condoms if they engage in sexual intercourse. However, if these adolescents had conversations with their parents about the importance of wearing condoms, the "pornography effect" went away (Wright et al., 2020).



Relationships With Others

Effects on Relationships

- Less satisfaction in relationships
- Less close relationships
- More loneliness
- More depression



• Hesse, C. & Floyd, K. (2019). Affection substitution: The effect of pornography consumption on close relationships. *Journal of Social and Personal Relationships*. DOI: 10.1177/0260427519841719.

Does Pornography Make You Lonely?

- 1,247 people surveyed
- More pornography = more lonely.
- Loneliness influenced porn use,
 - porn use influenced loneliness
- Because sex is a relational activity and porn use isolates a person, people become more lonely.



• Butler, Mark H.; Perry, Samuel A.; Draper, Thomas W.; Leonhardt, Nathan D.; Skinner, Kevin B. (2017). Pornography use and loneliness: A bi-directional recursive model and pilot investigation. *Journal of Sex and Marital Therapy*. <http://dx.doi.org/10.1080/00952688.2017.1328601>

Marriage

- Men who have high levels of pornography use are less likely to get married
- Married people who view pornography
 - More likely to believe that their marriage is in trouble
 - More likely to discuss ending the marriage
 - More likely to repeatedly break up
 - Less likely to view their relationship as good or strong
 - Less likely to feel like a team with their spouse
 - Less likely to think their relationship makes them happy
 - Less likely to believe their relationship is nearly perfect
 - Less satisfied with their marriage



• Perry, S. & Longest, K. (2018). Pornography use and marriage entry during early adulthood: Findings from a panel study of young Americans. *Archives of Sexual Behavior*. DOI: 10.1007/s10508-018-1151-0

• Perry, S. L. (2020). Pornography and relationship quality: Establishing the dominant pattern by examining pornography use and 21 measures of relationship quality in 30 national surveys. *Archives of Sexual Behavior*, 49, 1189–1213. <https://doi.org/10.1007/s10508-020-01810-0>

• Perry, S. L. (2020). From hot to warm? Pornography consumption, sexual relationships, gender, and marital quality. *Sociological Forum*, 31(2), 443–464.

Married Men

- Married men who used Internet pornography were more likely to cheat on their spouses.



• Wright, P. J., & Randall, A. K. (2012). Internet pornography exposure and risky sexual behavior among adult males in the United States. *Computers in Human Behavior*, 28(4), 1410–1416. doi:10.1016/j.chb.2012.03.003

The Human Behind the Mask: They make so much money, right?

1. Average porn star works for a few months to possibly a few years and ends the experience with no money in their bank account.
2. Women in the pornography industry 3x more survivors of child sexual abuse.
3. 50% more likely to be living in poverty.
4. Twice as likely as the general public to have grown up in poverty.

poverty

• Wahlman, M. (2014). *The politics of legal challenges to pornography*. Doctoral Dissertation.

• DeKeseredy, W. S. & Canadian, M. (2016). *Violence Against Women in Pornography*. New York: Routledge.

Tommy's Story

• "I think the youngest I've seen would probably be 15 or 14; mainly the female. It's mainly like an older adult, like a homemade video with a younger girl. ...Usually the guy is like 18 but not much older. It's always a girl who doesn't really know what to do, so the male just kind of takes over and controls the whole thing. ...It's almost like abuse."



Is there any hope?



Practical Suggestions For Having Healthy Conversations With Students

Hope After Pornography

- Reducing use increases commitment to a romantic partner
- The more someone is committed to their faith, reads the Bible, attends church, the less they view porn



• Lambert, N.M., Negash, S., Gillman, T.F., Ostrod, S.B., & Frisvold, F.D. (2012). A love that doesn't last: Pornography consumption and weakened commitment to one's romantic partner. *Journal of Social and Clinical Psychology, 31*, 410-438. doi:10.1002/jcop.214430

• Poubert, I.D., & Rizzo, A.J. (2013). Integrating religiosity and pornography use into the prediction of bystander efficacy and willingness to prevent sexual assault. *Journal of Psychology and Theology, 41*(3), 240-251.

If You Use Google and Don't Want to See Pornographic Images: To Do Today: **On Your Laptop**

1. Open Google
2. Type in "Safe Search"
3. Click on Settings
4. Activate Safe Search



If You Use Google and Don't Want to See Pornographic Images: To Do Today: **On Your I-Phone**

1. Open Google
2. Click on "More ..."
3. Click on Settings
4. Click on General
5. Click on Search Settings
6. Click on "Filter Explicit Results"



Filtering and Accountability



Get a **free** month by entering "Foubert" where it asks for a code.

Dumb Phones

- Step 1: Go to [amazon.com](https://www.amazon.com)
- Step 2: Search for "Dumb Phone"
- Step 3: Buy one.



TheFreedomFight.org

47 short videos
Biblically based



In Person Group Option



Pure Desire.org

- Lots of resources for men and women, groups and individuals
- Online Counseling



Online Resources

- <https://www.johnfoubert.com/is-porn-bad>
- <https://www.johnfoubert.com/CCCU-2022>

Practical Suggestions for Having Healthy Conversations With Students

Why You Should Care About Pornography

Topic 1: Pornography is degrading to people in it. People in pornography note that they are "constantly beat, choked, gagged" and some are even held hostage while the pornographic material is being filmed. Those women are somebody's daughter, sister, or special someone.

Topic 2: Porn often includes acts so violent that they lead women to vomit. Scenes often include degrading women by showing men's bodily fluids on their face.

Topic 3: Research has shown that the more pornography people use, the more they see women as objects and not as people. This is dangerous because the more you see someone as an object, the easier it is to justify hurting them.

Topic 4: The more you watch pornography, the more you will want to experience what you see. This is dangerous because so much of today's pornography is so violent.

Topic 5: The more men watch pornography, the less able you are to function sexually with a real life partner.

Questions

1. When your friends hand you their I-Phones or I-Pads, what kinds of things do they show you?
2. In the past, what have you done when a friend of yours handed you a smart phone and it had pictures of people who didn't have clothes on?
3. How did looking at the pictures make you feel inside?
4. Were any of the images you've seen in pornography violent?
5. What do you think the makers of pornography want you to think when they show violent content in their video clips?

Porn and the Brain

- **Topic 1:** Discuss how pornography rewires the brain so that over time they will prefer images on a phone/I-Pad to people.
- **Topic 2:** Erectile dysfunction. Discussing this effect can be a powerful motivation to stop using pornography.
- **Topic 3:** Discuss how pornography use can compromise one's ability to think clearly, particularly their short term memory.

Questions

1. What are some of the ways that watching pornography can affect the brain?
2. When brain scans are taken of men watching pornography, the parts of the brain that light up are those that deal with objects, not people. What do you think the implications of this is for people who look at pornography?
3. In what ways does pornography "retrain" the brain?
4. What do the following words mean and how do they relate to pornography? Tolerance, Erectile Dysfunction, and Neuroplasticity.
5. Is porn addictive? What are some of the ways that we know?

Porn and Sexual Violence

- **Topic 1:** Over 100 studies show a connection between pornography use and violent behavior; over 50 studies show a connection between pornography use and sexual violence.
- **Topic 2:** Pornography use is most likely to lead to sexual violence when the pornography is particularly violent and when the user's friends think sexual violence is okay.
- **Topic 3:** It is particularly dangerous for females to drink alcohol and to be a regular consumer of pornography, making sexual assault much more likely.
- **Topic 4:** Many scenes in pornography have violence toward women. Most of the time the women shown in pornography indicate that they like the violence, which sends the false message that women enjoy it when a man is violent with them during a sexual encounter.

Questions

1. What characteristics of people are most likely to experience sexual violence when pornography is involved?
2. What kind of sexual violence is depicted in some pornography? What affect might this have on the viewer?
3. How would you answer the question "Isn't the connection between pornography and sexual violence just correlational?"

Effects on Women

- Topic 1: Research shows that girls and women who watch pornography are more self-conscious about their bodies than girls and women who don't.
- Topic 2: Women porn users had more sexual partners and were more likely to have sex outside of marriage and sex for money than non-porn users.
- Topic 3: Women porn users tend to have lower self-esteem, lower bodily self-image, and are less satisfied with their relationships.
- Topic 4: The most common reason women look at pornography is that they are shown it by male partners.

Questions

1. What would you do if a boy showed you pornography? How would you react?
2. When you first saw pornography, how did it make you feel about your body?
3. How does looking at pornography differ for girls and women versus boys and men?

Changing Sexual Scripts

- Topic 1: What you learn about sex forms expectations in your mind about what sex consists of, called a "sexual script." You don't want that script to be written by an industry that doesn't have your best interests at heart.
- Topic 2: The script that plays out in most mainstream pornography is one where men inflict violence and degrading acts toward women. Interestingly, the more men use porn, the less they enjoy sex and the worse they feel about how their body looks.
- Topic 3: Using pornography is associated with less satisfaction in relationships, less close relationships, more loneliness and more depression.
- Topic 4: The more people view pornography, the more they think sexual violence is okay.
- Topic 5: People who watch pornography regularly are less satisfied sexually and are more likely to experience erectile dysfunction.

Questions

1. What factors will go into your decision that it is a time in your life when you will have sexual intercourse?
2. What is important to you when you think about having sex with another person?
3. In what ways do you think the pornography you have seen has set expectations for you on what sex is like?
4. What are your thoughts about one day having sex with someone who has used a lot of violent pornography?
5. What kinds of behaviors can lead to the transmission of an STI? How does what is shown in pornography relate to that?

Questions?

For More Information Go to:

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